2010 RENAISSANCE MARTIAL ARTS FESTIVAL

November 6 & 7th, Renaissance Martial Arts, 34 Elton Street, Rochester NY Registration begins at 7.00 am. Workshops run from 8.00 am – 5.30 pm. Saturday Banquet at 7.30pm.

The Renaissance Martial Arts Festival is a unique chance to get hands-on experience in a wide range of martial arts. Each day features over 10 diverse workshops, covering all ranges of combat (striking, grappling, & weapons) taught by master instructors from around the country. There are also lots of opportunities to network, including a catered banquet on Saturday Night.

Admission: \$45/day or \$80/both days

(includes light refreshments and water, Banquet not included)

- \$ \$15 discount for College Students
- Please contact us for group rates
- Banquet price is to be determined

For more information

- See Sall Sifu Mark Cardona, at 585.737.5707

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- ⋄ or e-mail renmartialarts@gmail.com

visit **http://www.renmartialarts.com** for the up-to-date instructor list and schedule.

This year's workshops include

Sifu Sharif Bey (Syracuse, NY) Hung Ga Kung Fu

Sensei Al Blakley (Galway, NY)

laido (The Art of Drawing & Cutting)

Sensei John Borter (Albany, NY) Modern Jui Jitsu

Master Instructor George Curbelo (Albany, NY) Self Defense Concepts

Sifu Raffi Derderian (Johnston, RI) Jun Fan Jeet Kun Do

Serge Gerlach (San Francisco, CA)

Introduction to Sambo (Russian Grappling)

Sifu Erik Harris (Alexandria, VA) Liu Seong Gung Fu

Datu Tim Hartman (West Seneca, NY)

Modern Arnis – Stick Concepts

Sensei John Ingallina (Rochester, NY)

Tegumi Renzoku-geiko

(2 person contact drills)

Sensei David Kalish (Victor, NY)
Hattatsu Ryu - "Pain vs. Damage"

Master Michael Macario (Apex, NC)

Hapkido Cane

Sensei Jeff Melander (Ballston Spa, NY)

Pentjak Silat —

"The dirty dozen takedowns"

Sensei Steve Pearlman (New Paltz, NY) Genri-Ryu approach to Staff

Sensei Kevin Suggs (Portchester, NY)

Goju Ryu Karate

Sifu Eric Winfrey (Syracuse, NY)

Jun Fan Jeet Kun Do

& more!

